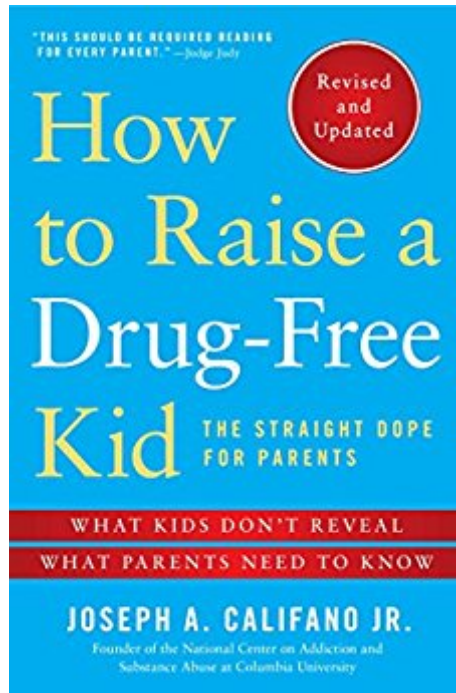


The book was found

How To Raise A Drug-Free Kid: The Straight Dope For Parents



Synopsis

The highly acclaimed comprehensive guide to getting your child through the formative pre-teen, teen, and college years drug-freeânow completely revised and updated. Nearly every child will be offered drugs or alcohol before graduating high school, and excessive drinking is common at most colleges. But the good news is that a child who gets to age twenty-one without smoking, using illegal drugs, or abusing alcohol or prescription drugs is virtually certain never to do so. Drawing on more than two decades of research at The National Center on Addiction and Substance Abuse at Columbia University (CASA Columbia), founder Joseph A. Califano, Jr., presents a clear, common-sense guide to helping kids stay drug-free. All parents dream of a healthy, productive, and fulfilling future for their children; Califano shows which specific actions work and what parents can do to teach, protect, and empower their children to have the greatest chance of making that future come true. Teenagers who learn about the risks of drugs from their parents are twice as likely never to try them, and this book provides the tools parents need to prepare their children for those crucial decision-making moments. In this revised and updated edition, Califano tackles some of the newest obstacles standing between our kids and a drug-free lifeâfrom social media sites and cell phone apps to the explosion in prescription and over-the-counter drug abuse and the increased dangers and addictive power of marijuana. He reveals what teens canâor wonâtell their parents about their thoughts on drugs and alcohol, and combines the latest research with his discussions with thousands of parents and teens about the challenges that widespread access to drugs and alcohol present, and how parents can instill in their teens the will and skills to choose not to use. Califanoâs insightful and lively guide is as readable as it is informative.

Book Information

File Size: 3066 KB

Print Length: 432 pages

Publisher: Touchstone; Revised edition (September 9, 2014)

Publication Date: September 9, 2014

Sold by:Â Digital Services LLC

Language: English

ASIN: B00EMDQ4DS

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #332,422 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #39

inÂ Kindle Store > Kindle eBooks > Nonfiction > Parenting & Relationships > Family Relationships > Stepparenting & Blended Families #74 inÂ Books > Parenting & Relationships > Family Relationships > Stepparenting & Blended Families #149 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Drug Dependency

Customer Reviews

Great informative book. I wish that I could buy them and hand out to parents freely...hey, how about a deal for buying multiples. The whole idea is communication, be involved and stress choices and the consequences.

Just as described

The original Straight Dope book has been updated to take into account the new round of drugs (kids are taking powder pills instead of smoking, for example, and newer 'fads' such as Molly) as well as the effect of social media. Relying on first person accounts from various parents over the years, medical and psychological experts, and latest findings from the scientific community, author Califano gives even more compelling reasons to keep kids off drugs. The book is broken down into sections to make it easier for parents to reference. From what drugs are out there, symptoms or signs of use, dealing with peer pressure, parental responsibilities, and more. The crux of the book is definitely the parent and how instrumental and influential they are in keeping their children drug/alcohol free. Each section has tips, statistics, and bullet points to really hone in on the points. The author noted that the biggest reason for the update is the overwhelming evidence of just how destructive early drug use can be to the brain - citing a lot of the recent findings. Any kind of controlled substance use will have very adverse affects on the mental and physical health of the user. The book does read very much like a government pamphlet, tackling a serious subject with corresponding gravitas. But whether a parent suspects their child (or child's friend) of using alcohol or drugs or not, this is really required reading. Preferably, by middle school. Reviewed from an ARC.

still reading but good info and well written

[Download to continue reading...](#)

How to Raise a Drug-Free Kid: The Straight Dope for Parents The Allergy Self-Help Cookbook: Over 350 Natural Foods Recipes, Free of All Common Food Allergens: wheat-free, milk-free, egg-free, corn-free, sugar-free, yeast-free A Joosr Guide to... How to Raise an Adult by Julie Lythcott-Haims: Break Free of the Overparenting Trap and Prepare Your Kid for Success How to Raise an Adult: Break Free of the Overparenting Trap and Prepare Your Kid for Success, by Julie Lythcott-Haims: Key Takeaways, Analysis & Review The Paleo Kid Lunch Box: 27 Kid-Approved Recipes That Make Lunchtime A Breeze (Primal Gluten Free Kids Cookbook) WHEAT BELLY DIET FOR BEGINNERS: Grain-Free, Wheat-Free, Gluten-Free Cookbooks and Recipes For Weight Loss Plans and Solutions Included! (Wheat Free Grain Free Gluten Free Weight Loss Diet Book 1) Easy Breadmaking for Special Diets : Wheat-Free, Milk- And Lactose-Free, Egg-Free, Gluten-Free, Yeast-Free, Sugar-Free, Low Fat, High To Low Fiber Yummy Yum for Everyone: A Childrens Allergy Cookbook (Completely Dairy-Free, Egg-Free, Wheat-Free, Gluten-Free, Soy-Free, Peanut-Free, Nut-Fre The Crimes of Patriots: A True Tale of Dope, Dirty Money, and the CIA The Dead Straight Guide to The Beatles (Dead Straight Guides) Straight Man Seduced by the Gay Priest (Taken by the Gay Priest 1)(MM, MMM, Menage, Straight-to-Gay, First Time Erotica) Gluten-Free, Wheat-Free, Dairy-Free, Sugar-Free, Caffeine-Free?.Are you kidding me?: All natural and 99% organic recipes that are quick and easy to prepare. The Healthy Gluten-Free Life: 200 Delicious Gluten-Free, Dairy-Free, Soy-Free and Egg-Free Recipes! Gluten Free: Gluten Free Quick-start Guide To Living A Gluten-Free and Wheat-Free Diet (Over 100 Gluten-Free Recipes) How to Raise a Healthy Child in Spite of Your Doctor: One of America's Leading Pediatricians Puts Parents Back in Control of Their Children's Health How To Raise Emotionally Healthy Children: Meeting The Five Critical Needs of Children...And Parents Too! Updated Edition Parenting: SINGLE PARENTS' BOOK: HOW TO BE THE BEST MOM AND DAD AT THE SAME TIME! 11 RULES ON HOW TO RAISE GREAT KIDS ALONE (Single,Parenting,Parenting Toddlers,Single Parenting) Anxious Kids, Anxious Parents: 7 Ways to Stop the Worry Cycle and Raise Courageous and Independent Children KINDLE: PRIME AND THE LENDING LIBRARY ...free movie download ...free tv series ...free books ...free shipping...and more Ã Â¿Â¿ Vegan: High Protein Vegan Cookbook-Vegan Diet-Gluten Free & Dairy Free Recipes (Slow cooker,crockpot,Cast Iron) (vegan,vegan diet,vegan slowcooker,high ... free,dairy free,low carb)

[Dmca](#)